



## SURGICAL CARE

We're dedicated to providing you with the best surgical care available, close to home. From complex and minor surgeries, to follow-up and rehabilitation, our surgical care team works closely with your doctor both before and after your procedure to ensure an integrated and comprehensive approach and exceptional supportive care—so you can get back to being as well as possible, as soon as possible.

Our Pre-Admissions Testing (PAT) staff ensure you receive thorough pre-surgical screening and that you are informed about what to expect. The caring staff in our Ambulatory Care Unit (ACU) facilitate a wide variety of surgical procedures comfortably and efficiently, and also offer comfortable waiting facilities for your family and friends. Surgeries are performed in our Brousseau Surgical Suite, which includes four operating rooms equipped with the latest technologies. And the experienced staff in our Post Anesthesia Care Unit (PACU) monitor you closely during recovery.

And, we're recognized by The Joint Commission for excellence in knee and hip replacement surgery.

**Day Kimball Healthcare offers integrated, comprehensive care close to home. To learn more about all of our surgical care services visit [daykimball.org/surgery](http://daykimball.org/surgery).**



### Surgical Care

Day Kimball Hospital  
320 Pomfret Street  
Putnam, CT 06260  
(860) 963-6353

■ [daykimball.org](http://daykimball.org)

## Patient Instructions

We understand that undergoing surgery can be a confusing, stressful and even scary experience. But it doesn't have to be. Our surgical care team works together to provide you with a seamless experience that is as comfortable and stress-free as possible.

### Before Your Surgery

- If Pre-Admission Testing (PAT) is required, staff will contact you to schedule an appointment. At the appointment, all necessary testing will be conducted. Your medical and surgical history will be reviewed with the nurse and a member of the anesthesiology team. And information about your procedure will be provided. If no testing is required, you'll receive a phone call from PAT staff to review this information.
- If you should develop a cold, fever, or other illness, notify your surgeon's office immediately. Your procedure may be rescheduled.
- **Please call (860) 963-6350 the day before your procedure between 1:00 p.m. and 4:00 p.m.** to confirm the details and time. If the procedure is scheduled on a Monday, please call the Friday before. If a holiday occurs the day before (or Friday before) your procedure, please call on the last business day prior to your procedure.
- Be sure to follow all pre-operative instructions provided by your surgeon and/or PAT nurse.
- DO NOT eat or drink ANYTHING after midnight the night before your procedure.
- Shower, wash your hair, and get a good night's sleep the night before your procedure.

### The Day of Your Surgery

- **Because emergency surgeries and other factors can affect scheduling, we ask that you be patient and flexible.** Your procedure may need to be moved to an earlier time; we'll call you if this occurs. Or it may be delayed; we'll make every effort to keep you informed if this occurs. Please be aware that you will be waiting in the ACU for a time before you are actually brought to surgery.
- DO NOT take medications before coming to the hospital unless instructed to do so by your doctor or PAT nurse. Bring a complete list of medications you are taking, including dosage and frequency.
- DO NOT wear makeup, jewelry, body piercings or nail polish.
- DO NOT bring large sums of money or valuables to the hospital.
- Arrive at the hospital at the time confirmed during your PAT visit or phone call. Enter via the Main Entrance (Entrance A) and check in at Central Registration. From there you will be directed to the ACU for your pre-operative care.
- **All patients under the age of 18 must have a parent or guardian present in the hospital at all times during the procedure.**
- If your surgery requires a hospital stay, you will be transferred to a hospital room after your initial recovery.
- **ALL patients having one-day outpatient surgery must have an adult to drive them home after the procedure. It is also strongly recommended to have an adult stay overnight with you at home after your procedure.**
- The effects of anesthesia go away very slowly, therefore you MUST NOT drive, operate heavy machinery, sign important papers, or do anything important for 24 hours after your surgery.